

Orgasmic Birth

The Best-Kept Secret



*You are invited to a screening of a new documentary
that examines the intimate nature of birth*

Sunday • September 14th, 2008 7:00 pm

University of Central Florida
Health and Public Administration Building Room 119

Presented in cooperation with UCF Women's Studies and



**Florida School of
Holistic Living**

www.holisticlivingschool.org - Cultivating Sustainable Communities - 407.595.3731

All proceeds benefit Global Maternal/Child Health Association – a nonprofit public benefit charitable foundation

Pioneering filmmaker and doula trainer, Debra Pascali-Bonaro, brings to the screen the ultimate challenge to our cultural myths by inviting viewers to see first hand the glorious emotional, spiritual, and physical heights attainable through the miracle of birth. This documentary reveals that birth is something a woman can enjoy, rather than endure. **Orgasmic Birth** intersperses expert commentary with stunning moments of women in the ecstatic release of childbirth. Witness the power of birth through the lives of 11 families.

You will never think about birth the same way again!

"I saw myself up there...those were the sounds I made, the way my body moved. Now, I have something I can show people when I want them to know what my birth was like. I loved every single moment of this film!!" Crystal – doula & homebirth mom Cincinnati, Ohio

"We have been brainwashed to view birth not as a natural process but as 'an emergency waiting to happen.' If your providers knew that it was their job to create a safe container for you to experience everything that was possible and they encouraged you to do this, you would relax, your body would open, it would be totally different." Christiane Northrup, MD